February

Monday	Tuesday	Wednesday	Thursday	Friday
		Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Roasted Brussel Sprouts 1 Italian Breadstick 1/2c Mandarin Oranges	Hawaiian Pork Loin 1/2c Buttered Noodles 1/2c Island Blend Vegetables Fresh Seasonal Frui Cookie	Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding
Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	7 BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Coleslaw Wheat Bread Fresh Orange	Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots Italian Bread Cookie	Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Seasonal Fresh Fruit	Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie
Chicken Marsala W/ 2oz Sauce 1/2c Rice Pilaf 1/2c Broccoli & Cauliflower Blend Wheat Bread Seasonal Fresh Fruit	Happy Valentine's Day! Spaghetti & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Sa	Stadium Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin	Chicken Stew- 1c. 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Warm Peaches
Happy President's Day! 20 CLOSED PRESIDENTS DAY	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	Ash Wednesday Baked Cod 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Applesauce	Breaded Fish Sandwich w/ Cheese & Lettuce 1c Vegetable Soup 1/2c Garlic Noodles WG Sandwich Roll 1/2c Peaches
Popcorn Chicken 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches	Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll Seasonal Fresh Fruit		*menu subject to change based on availability	Nutrition Group

February

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	
		Turkey Ham & Swiss Sandwich	Roast Beef & Provolone	Cranberry Almond Chicken Salad
		2oz Turkey Ham, 1oz Swiss Cheese,	2oz RB, 1oz Provolone, 2oz Roll	3oz Chicken, 1c Spinach,
		2 WW bread	Lettuce, Tomato Slice	1 T Almonds, 1 T Craisins,
		Lettuce, Tomato Slice	1/2c Marinated Green Bean Salad	1 T Balsamic Vinaigrette
		1/2c Carrot Raisin Salad	Seasonal Fresh Fru	1/2c Cold brown rice salad
		1/2c Mandarin Oranges	Cookie g	1 WW roll
			ENDHOG &	1/2c Pudding
6	7	8	9	1
Chicken Caesar Salad	Chicken Salad	Seafood Salad	Asian Chicken Salad	Turkey & Muenster Sandwich
3oz Chicken, 1c Lettuce,	3oz Chicken, Lettuce, Tomato	3oz Surimi, 1 HB Egg	3oz Chicken, 1c Lettuce,	2oz Turkey, 1oz Cheese,
1/2T Parm Cheese	1/2c Marinated Tomato, Basil &	Lettuce, Tomato	1T Asian Dressing,	2oz WW Hamburger Roll
1T Caesar Dressing	Onion Salad	1/2c Homemade Penne Pasta	1/2oz Chowmein Noodles	Lettuce, Tomato Slice
1/2c Bowtie Pasta Salad	1/2c Macaroni Salad	Salad w/ Peppers & Broccoli	1/2c Marinated Cucumbers&Carrots	1/2c Three Bean Salad
1 WW Bread	1/2 WW Pita	1 WW Roll	1 WW Bread	1/2c Pineapple Tidbits
1/2c Peaches	Seasonal Fresh Fruit	Cookie	1/2c Mixed Fruit Salad	Cookie
13		15	16	1
Turkey Ham & Swiss Sandwich	Ruby Red Chicken Salad	Corned Beef Special	Boiled Egg & Cheese Platter	Deli Salad
2oz Turkey Ham, 1oz Swiss Cheese	1c Romaine, 3oz Chicken,	2oz Corned Beef, 1oz Swiss Cheese	2 HB Eggs, 1oz Cheddar Cubes	1oz Swiss Cheese, 1oz Turkey Ham,
2 WW Bread	1 T Raspberry Vinaigrette, 1 T Craisins	2 Rye Bread	Lettuce, 1 WW roll	1oz Roast Beef, 1c Lettuce,
Lettuce, Tomato Slice	1/2c marinated beet salad	1/2c Coleslaw	1/2c Broccoli Craisin Salad	1pc LC & LS Italian Dressing
1/2c Carrot Raisin Salad	1/2c marinated broccoli salad	1 T FF 1000 Island Dressing	1/2c Macaroni Salad	1/2c Marinated Tomatoes & Onions
Seasonal Fresh Fruit Day		1/2c Pineapple & Mandarin Oranges	1/2c Gelatin	1 WW bread
	Seasonal Fresh Fruit			1/2c. Warm Peaches
Happy President's Day! 20	21	Ash Wednesday 22	23	2
	Garden Salad w/ Chicken	Egg Salad Platter	Chicken Caesar Salad	Tuna Salad Platter
	2.5oz Chicken, 0.5oz Cheddar Cheese	3 Whole Eggs	3oz Chicken, 1c Lettuce,	3oz Tuna
CLOSED	1c Lettuce, 1 T Ranch Dressing	Lettuce	1/2T Parm Cheese	Lettuce, Tomato
CLOSLD	1 pkt croutons, 1 WW bread	1/2c Tomato & White Bean Salad	1T Caesar Dressing	1/2c Cold Couscous Salad
	1/2c Chopped Carrots, Cucumbers,	1/2c Marinated Carrot Salad	1/2c Bowtie Pasta Salad	1/2c Cucumber Dill Salad
PRESIDENTS DAY	Onions, & Tomatoes	1 WW roll	1 WW Bread	1 WW roll
450 SANSONSHIND	1/2c Macaroni Salad	Seasonal Fresh Fruit	1/2c Applesauce	1/2c Peaches
	Seasonal Fresh Fruit			
27	28			V
Corned Beef Special	Tuna Nicoise Salad			
2oz Corned Beef, 1oz Swiss Cheese	3oz Tuna, 1/2 HB Egg, 1c Lettuce			
2 Rye Bread	2 cherry tomatoes, 1 LS Italian Dressing			The
1/2c Coleslaw	1/2c Potato Salad			Nutrition II
1 T FF 1000 Island Dressing	1 WW Roll	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Group
1/2c Peaches	Seasonal Fresh Fruit		*menu subject to change based on availability	Group