

# NOVEMBER COLD LUNCH MENU

	<b>Tuesday, November 1</b>	<b>Wednesday, November 2</b>	<b>Thursday, November 3</b>	<b>Friday, November 4</b>
	Roast Beef Special Cole Slaw Dill marinated cucumber salad Pears	Seafood salad & hard boiled egg platter Lettuce & tomato Marinated Green Bean salad w/almonds Berry applesauce	Turkey hoagie Lettuce, tomato and onion Potato salad Mandarin oranges	Asian chicken salad Mandarin oranges Sesame pasta salad w/peppers Cocoa Muffin
<b>Monday, November 7</b>	<b>Tuesday, November 8</b>	<b>Wednesday, November 9</b>	<b>Thursday, November 10</b>	<b>Friday, November 11</b>
Tuna Salad Platter Lettuce, tomato & hard boiled egg Broccoli salad w/craisins Fruit cocktail	<b>ELECTION DAY – CENTER CLOSED</b>	House salad w/grilled chicken Fat free honey Dijon dressing Chopped veggies-cucumber slices, red onion, tomatoes Macaroni salad Fresh Pear	Southwest chicken salad Fat free ranch dressing Corn, black bean, pepper salad Marinated tomato salad Fruit cocktail	<b>VETERANS DAY – CENTER CLOSED</b>
<b>Monday, November 14</b>	<b>Tuesday, November 15</b>	<b>Wednesday, November 16</b>	<b>Thursday, November 17</b>	<b>Friday, November 18</b>
Seafood salad & hard boiled egg platter Lettuce & tomato Marinated Green Bean salad w/almonds Berry applesauce	Turkey salad platter Lettuce & tomato Pickled beet salad Carrot & raisin salad Mandarin oranges	Assorted Deli Sandwich (turkey, turkey ham, roast beef) Marinated Italian Veg salad White bean & tomato salad Cinnamon banana muffin	Spinach salad Cold couscous salad Pears	Chicken, tomato & mozzarella salad Italian dressing Marinated tomatoes Bowtie pasta salad Applesauce
<b>Monday, November 21</b>	<b>Tuesday, November 22</b>	<b>Wednesday, November 23</b>	<b>Thursday, November 24</b>	<b>Friday, November 25</b>
Egg salad platter Lettuce & tomato Summer salad (cucumber, onion, pepper, tomato) 3 bean salad Sugar cookie	Salad topped with chicken salad 3 bean salad Marinated carrot salad Applesauce	Honey Dijon turkey & Swiss sandwich on whole wheat Homemade pasta salad Fresh Plum	<b>THANKSGIVING DAY – CENTER CLOSED</b>	<b>DAY AFTER THANKSGIVING – CENTER CLOSED</b>
<b>Monday, November 28</b>	<b>Tuesday, November 28</b>	<b>Wednesday, November 30</b>		
Assorted Deli Sandwich (turkey, turkey ham, roast beef) Marinated Italian Veg salad White bean & tomato salad Fresh Orange	Asian chicken salad Mandarin oranges Sesame pasta salad w/peppers Cocoa Muffin	Roast Beef Special Cole Slaw Dill marinated cucumber salad Pears		

# NOVEMBER HOT LUNCH MENU

	<b>Tuesday, November 1</b>	<b>Wednesday, November 2</b>	<b>Thursday, November 3</b>	<b>Friday, November 4</b>
	Eggs Florentine Marinated tomato & onion salad Hashbrowns Cinnamon applesauce	Teriyaki Fish Fried Brown Rice Asian blend vegetables (green bean, water chestnut, broccoli, carrot) Fresh Pear	Bowties w/Bolognaise Sauce Broccoli Carrots Fruit Cocktail	Chicken w/mustard cream sauce Balsamic Brussel sprouts w/craisins Roasted red potatoes Oatmeal cookie
<b>Monday, November 7</b>	<b>Tuesday, November 8</b>	<b>Wednesday, November 9</b>	<b>Thursday, November 10</b>	<b>Friday, November 11</b>
Cheese Ravioli w/roasted red pepper sauce Spinach & carrots Cauliflower Fresh Peach	<b>ELECTION DAY – CENTER CLOSED</b>	BBQ Pork Marinated broccoli salad Corn Cinnamon banana muffin	Salisbury steak Mashed Potatoes Peas & onions Pears	<b>VETERANS DAY – CENTER CLOSED</b>
<b>Monday, November 14</b>	<b>Tuesday, November 15</b>	<b>Wednesday, November 16</b>	<b>Thursday, November 17</b>	<b>Friday, November 18</b>
Garlic brown sugar chicken Apple glazed sweet potatoes Brussel sprouts Sugar cookie	Spanish Omelet Hashbrowns Pear Crisp Fresh Plum	Cheeseburger Meatloaf w/onions Potato wedges Marinated fresh green bean salad Peaches	Sesame Beef w/peppers Broccoli Brown Rice Fruit Cocktail	Grilled Chicken Parm Rotini Sauteed spinach w/diced carrots Applesauce
<b>Monday, November 21</b>	<b>Tuesday, November 22</b>	<b>Wednesday, November 23</b>	<b>Thursday, November 24</b>	<b>Friday, November 25</b>
Beef Stew Potatoes Peas Fresh Orange	Lasagna Broccoli, cauliflower & carrots Unsweetened Apples Cocoa Muffin	Chicken Alfredo Broccoli Penne Pears	<b>THANKSGIVING DAY – CENTER CLOSED</b>	<b>DAY AFTER THANKSGIVING – CENTER CLOSED</b>
<b>Monday, November 28</b>	<b>Tuesday, November 28</b>	<b>Wednesday, November 30</b>		
Swedish Meatballs Peas & Carrots Wide Noodles Fresh Orange	Chicken w/mustard cream sauce Balsamic Brussel sprouts w/craisins Roasted red potatoes Oatmeal cookie	Eggs Florentine Marinated tomato & onion salad Hashbrowns Cinnamon applesauce		